

# Newsletter

First United Methodist Church 608 South Grandview DeWitt, Arkansas 72042

April 2018



## **Lay Speaker Training**

Saturday, April 21 DeWitt FUMC

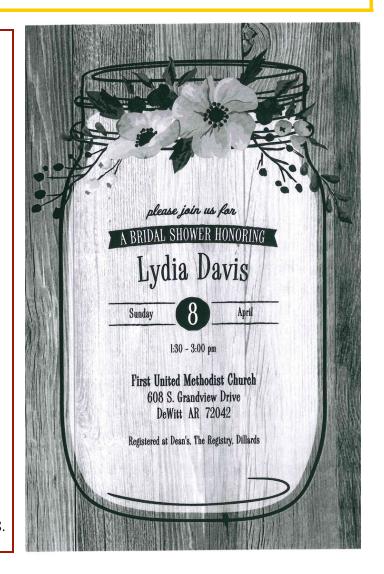
## **Classes Offered:**

Intro to Lay Servant Ministry
Discovering Spiritual Gifts
Leading Worship

## Time:

8:00 am Sign-In 8:30 - 4:30 Classes 11:30 am Lunch

For more information, contact the church office at 946-2328.





#### **Social Activity Committee**

Heath & Amy Holbert and Vikki West, Warren & Gena Jennings, Johnny & Mary Carr

#### **Our Prayers:**

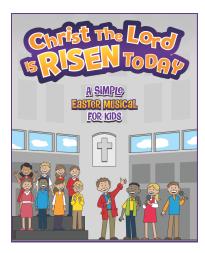
Shane Adams, Dixie Alter, Corita Boyd, Roger & Kathy Counce, Sue Currie, Sam DeBerry, E.K. Dillion, George & Greg Dulin, Bytha Dulin, Elvin Dupslaff, Jr., Janice Ferguson, Clarence & Dottie Gunnell, Cheryl Hornbeck, Wayne House, Paula Keffer, Lakelann Kimbrell, Michael Leyva, Garland Long, Steve Martin, Larry Martineau, Kay Mitchell, Gary Morris, Jeff Moyer, Jo Morgan, Buddy Noble, Carol Ann Nolley, Ken Norwood, Johnny Purdy, Sonya Rieves, Glenn & Barbara Stroh, B. T. Wallace, Jack Williams, Scotty Williams

#### **Our Presence March 25:**

Worship: 108 Sunday School: 39

### **Birthdays**

Sheila Patterson, Sherry Boyd (1) MJ Hornbeck (2) Lana Martin, Ann Fly (4), Gena Jennings, Hayden Leibrock (9), Glenn Stroh (10), Sarah Essex, Wynn Strain (12), Christina Boyd (14), Scott Bowlin (15), Haley Boyd, Kelly Stroh (18), John Howard Gunnell (20), Judith Thompson (22) Cole Briggs (24), Adalynn Crappel (27) Emily Fisher (28) Lonnie Stoddard (29), Steven Stroh (30)



Festival Choir will present "Christ the Lord is Risen Today" during the morning worship service on April 8.

Dear Church Family,

Thank you for your prayers during my recent surgeries and recovery.

The poinsettia, Christmas cards, Valentines and balloon, and get well cards helped to brighten my days. Your thoughtfulness is sincerely appreciated.

In Christ's Love, Cheryl Hornbeck

## **Not Just Noise**

A person need not be auditioning for the next season of American Idol or The Voice to start belting out a favorite tune.

Although many people may restrict their singing to the shower or when no one is around to hear them, there are some surprising health benefits of singing frequently and encouraging others to do so as well.

Scientists have said that singing can have a calming but energizing effect on people. Singing can help tame stress but also lift the spirits. Singing is a natural antidepressant. According to information published in Time magazine, singing may release endorphins associated with feelings of pleasure, as well as stimulate the release of oxytocin, a hormone that is found to alleviate anxiety and stress. Prevention magazine notes that choir singers, who often report feeling happy and free of significant anxiety, may notice that their moods improve when they start to sing.

Singing can be considered a form of exercise that works the lungs and other parts of the body that are required to project one's voice. Singing may lead to a stronger diaphragm and stimulation of circulation as a result of the greater amount of oxygen needed to carry a tune.

Singing may help improve mental alertness by delivering more oxygenated blood to the brain. For those with dementia, singing can improve concentration and memory recollection.

Singing with a group can reduce loneliness by bringing together like minded people engaged in the same activity.

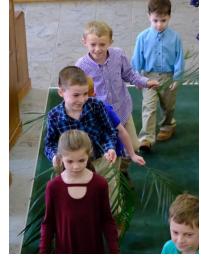
Singing can boost confidence, improve mental function, help with immune response and be a form of cardiovascular exercise.

Courtesy of Metro Creative

Trustee Committee Meeting Tuesday, April 3 at 5:30 pm Church Library























## **CHURCH STAFF** Bishop

Rev. Gary E. Mueller

**Southeast District Superintendent** 

Rev. Mark K. Norman

Minister

Rev. Tony Hill

**Church Secretary** 

Mrs. Sarah J. Storey

**Choir Director & Organist** 

Mrs. Marjorie M. Jenkins

Pianist

Mrs. Debbie M. Briggs

**Treasurer** 

Mrs. Gena M. Jennings

**Buildings & Property** 

Mr. Duane Long

Webmaster & Photographer

Mr. Jimmy Fly

**Childcare Attendant** 

Ms. Leslie Rone

Custodians

Ms. Diane Fisher Mr. Will Storey

**Prayer Requests:** 

fumcdewitt@centurytel.net

**First United Methodist Church** 

608 South Grandview Drive DeWitt, Arkansas 72042 **Phone**: 870-946-2328 www.dewittfumc.org

#### **April Fellowship Calendar**

Sun, April 1: 9:30 am Sunday School 10:30 am Easter Worship Service Mon, April 2: 5:30 pm Grief Share-Parlor Tues, April 3: 3:15 pm Carol Choir rehearsal

5:30 PM Trustee Committee Meeting Wed, April 4: 12:00 pm Women's Noon Bible Study

3:15 pm Festival Choir rehearsal 5:30 pm Women's Bible Study 6:00 pm Handbell Choir

7:00 pm Chancel Choir Sun, April 8: 9:30 am Sunday School 10:30 am Worship Service

Festival Choir presents "Christ the Lord is Risen Today"

1:30 pm Wedding Shower for Lydia Davis

Mon, April 9: 5:30 pm Grief Share-Parlor **Tues, April 10:** 3:15 pm Carol Choir rehearsal Wed, April 11: 12:00 pm Women's Noon Bible Study

> 3:15 pm Festival Choir rehearsal 5:30 pm Women's Bible Study 6:00 pm Handbells

Mon, April 16: 5:30 pm Grief Share-Parlor **Tues, April 17:** 3:15 pm Carol Choir rehearsal Wed, April 18: 12:00 pm Women's Noon Study 3:15 pm Festival Choir rehearsal 5:30 pm Women's Bible Study 6:00 pm Handbells 7:00 pm Chancel Choir 8:00 am Lay Servant Training Sat, April 21: Sun, April 22: 9:30 am Sunday School

10:30 am Worship Service **Tues, April 23:** 3:15 pm Carol Choir rehearsal Wed, April 25: 12:00 pm Women's Noon Bible Study 3:15 pm Festival Choir rehearsal 5:30 pm Women's Bible Study

6:00 pm Handbells

7:00 pm Chancel Choir

9:30 am Sunday School Sun, April 29: 10:30 am Worship Service

Mon, April 30: 5:30 pm Grief Share—Parlor



Men's Community Prayer Breakfast Wednesday, April 4 6:00 AM

McAdams Road Church 701 McAdams Road DeWitt, Arkansas



#### First United Methodist Church

608 South Grandview Drive DeWitt, Arkansas 72042-2329 www.dewittfumc.org

#### **Our Mission:**

Jesus said, "Go, and make disciples of all nations..."

Matthew 28: 18-20. Founded 1858